# Notes on the sum product theorem

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# 1 The Plünnecke-Ruzsa sumset calculus

**Definition 1.** If A, B are finite subsets of a semigroup G, A nonempty, define the magnification ratio of A, B to be

$$\mu(A,B) = \min_{\emptyset \neq X \subseteq A} \frac{|XB|}{|X|}.$$

Note that if  $\emptyset \neq X \subseteq A$  has  $\frac{|XB|}{|B|} = \mu(A, B)$  then  $\frac{|XB|}{|B|} = \mu(X, B)$ .

**Theorem 1** (Petridis). If X, B are finite subsets of a semigroup G, X nonempty satisfying  $\frac{|XB|}{|X|} = \mu(X, B)$ , then for all finite subsets C of G such that |cX| = |X| for all  $c \in C$ , we have

$$|CXB| \le \frac{|CX||XB|}{|X|}.$$

*Proof.* Induct on |C|. If C is empty we are done, so suppose  $C = C' \cup \{c\}, c \notin C'$ . Letting  $Y = \{x \in X \mid cx \in C'X\}$ , we have

$$\begin{aligned} |CXB| &\leq |C'XB| + |c(XB \setminus YB)| \\ &\leq \frac{|C'X||XB|}{|X|} + |XB| - |YB| \\ &\leq \frac{(|CX| - |X| + |Y|)|XB|}{|X|} + |XB| - \mu(X,B)|Y| \\ &= \frac{|CX||XB|}{|X|}. \end{aligned}$$

**Theorem 2** (Ruzsa triangle inequality). If X, Y, Z are finite subsets of a group G, then  $|X||YZ| \le |YX^{-1}||XZ|$ .

**Theorem 3** (Ruzsa covering lemma). If A, B are finite subsets of a group G and A is nonempty, then there is a set  $S \subseteq B$  with  $|S| \le \mu(A, B)$  and  $B \subseteq A^{-1}AS$ .

*Proof.* Let  $\emptyset \neq X \subseteq A$  be such that  $\frac{|XB|}{|X|} = \mu(A, B)$ . Take S to be a maximal subset of B such that Xs, Xs' are disjoint for every pair of distinct elements  $s, s' \in S$ . Then  $|X||S| = |XS| \leq |XB|$  and  $B \subseteq X^{-1}XS \subseteq A^{-1}AS$ .

**Lemma 1** (Plünnecke tensor power trick). If A, B are finite subsets of a semigroup G, A', B' are finite subsets of a semigroup G', and A, A' are nonempty, then

$$\mu(A \times A', B \times B') = \mu(A, B)\mu(A', B').$$

**Theorem 4** (Plünnecke-Ruzsa sumset inequality). If  $A, B_1, ..., B_h$  are finite subsets of an abelian semigroup G with A nonempty, such that for all  $b \in (h-1)(B_1 \cup \cdots \cup B_h)$  we have |A + b| = |A|, then

$$\mu(A, B_1 + \dots + B_h) \le \frac{|A + B_1|}{|A|} \cdots \frac{|A + B_h|}{|A|}.$$

In particular, if A is cancellative we have  $|B_1 + \dots + B_h| \leq \frac{|A+B_1|}{|A|} \cdots \frac{|A+B_h|}{|A|} |A|$ .

*Proof.* Write  $\alpha_i = \frac{|A+B_i|}{|A|}$ . Choose a large integer n such that  $\frac{n}{\alpha_i}$  is an integer for all i, and set  $n_i = \frac{n}{\alpha_i}$ . By adding copies of  $\mathbb{N}$  to G, we can assume there exist  $T_1, \ldots, T_h \subseteq G$  with  $|T_i| = n_i$  such that all sums

 $y + t_1 + \dots + t_h$ ,  $y \in A + B_1 + \dots + B_h$ ,  $\forall 1 \le i \le h$   $t_i \in T_i$ 

are distinct. Set  $B = \bigcup_i (B_i + T_i)$ . We have

$$|A+B| \le \sum_{i} |A+B_i||T_i| = \sum_{i} n_i \alpha_i |A|,$$

so  $\mu(A, B) \leq \sum_{i} n_i \alpha_i = hn$ . Let  $\emptyset \neq X \subseteq A$  be such that  $\frac{|X+B|}{|X|} = \mu(A, B)$ . Applying Theorem 1 h times, we see that  $|X + hB| \leq \mu(A, B)^h |X| \leq (hn)^h |X|$ . Thus,

$$n_1 \cdots n_h |X + B_1 + \dots + B_h| = |X + B_1 + \dots + B_h + T_1 + \dots + T_h| \le |X + hB| \le (hn)^h |X|,$$

 $\mathbf{SO}$ 

$$\mu(A, B_1 + \dots + B_h) \le \frac{(hn)^h}{n_1 \cdots n_h} = h^h \alpha_1 \cdots \alpha_h$$

Applying the tensor power trick (Lemma 1), we have

$$\mu(A, B_1 + \dots + B_h)^k = \mu(\times^k A, \times^k B_1 + \dots + \times^k B_h) \le h^h \alpha_1^k \cdots \alpha_h^k,$$

and taking k to infinity finishes the proof.

**Proposition 1** (Bourgain). Let  $A_1, ..., A_h, B_1, ..., B_h, C_1, ..., C_h$  be finite subsets of an abelian group G such that for each  $i A_i \cap C_i$  is nonempty. Then

$$|B_1 + \dots + B_h| \le \frac{|B_1 + C_1|}{|A_1 \cap C_1|} \cdots \frac{|B_h + C_h|}{|A_h \cap C_h|} |A_1 + \dots + A_h|.$$

#### **1.1** Approximate variants

**Lemma 2.** If A, B are finite subsets of an abelian group G, then there exist  $x \in B - A, y \in A + B$  such that

$$|B \cap (A+x)| \ge \frac{|A||B|}{|A+B|},$$
$$|B \cap (-A+y)| \ge \frac{|A||B|}{|A+B|}.$$

*Proof.* By Cauchy-Schwarz, we have

$$\#\{(a, b, a', b') \in A \times B \times A \times B \mid a + b = a' + b'\} \ge \frac{|A|^2 |B|^2}{|A + B|}.$$

By the pigeonhole principle we can find an x of the form b - a' and a y of the form a + b with the required properties.

**Theorem 5** (Approximate covering lemma). If A, B are finite subsets of an abelian group G with A nonempty, then for any  $m \ge 1$  there are sets  $S_+ \subseteq B - A$ ,  $S_- \subseteq A + B$  such that

$$|B \cap (A + S_+)| \ge (1 - 1/m)|B|,$$
  
$$|B \cap (-A + S_-)| \ge (1 - 1/m)|B|,$$

and

$$|S_+|, |S_-| < \log(m)\mu(A, B) + 1.$$

*Proof.* Assume WLOG that  $\mu(A, B) = \frac{|A+B|}{|A|}$ . Iteratively apply Lemma 2 and use the inequality  $-\log(1 - \frac{|A|}{|A+B|}) \ge \frac{|A|}{|A+B|}$ .

**Theorem 6** (Approximate Plünnecke-Ruzsa). If  $A, B_1, ..., B_h$  are finite subsets of an abelian semigroup G with A nonempty, such that for all  $b \in (h-1)(B_1 \cup \cdots \cup B_h)$  we have |A + b| = |A|, then for any  $m \ge 1$  there is a set  $X \subseteq A$  with

$$|X| > (1 - 1/m)|A|$$

and

$$|X + B_1 + \dots + B_h| \le \frac{hm^{h-1} - 1}{h-1} \frac{|A + B_1|}{|A|} \cdots \frac{|A + B_h|}{|A|} |X|.$$

*Proof.* We'll show that in fact we can find such X with

$$|X + B_1 + \dots + B_h| \le \left(m^h |X| - \left(m^h - \frac{hm^{h-1} - 1}{h-1}\right)|A|\right) \frac{|A + B_1|}{|A|} \cdots \frac{|A + B_h|}{|A|}.$$

Suppose for contradiction that there is some  $m \ge 1$  for which we can not find such an X. Let n be the infimum of all such m. Since A only has finitely many subsets, we can find a set  $\emptyset \ne Y \subseteq A$  with  $|Y| \ge (1 - 1/n)|A|$  and

$$|Y + B_1 + \dots + B_h| \le \left(n^h |Y| - \left(n^h - \frac{hn^{h-1} - 1}{h-1}\right)|A|\right) \frac{|A + B_1|}{|A|} \cdots \frac{|A + B_h|}{|A|}.$$

Note that if |Y| > (1 - 1/n)|A| then the derivative of the right hand side of the above with respect to n is positive, so by the definition of n we must have |Y| = (1 - 1/n)|A| for any set Y as above.

By the Plünnecke-Ruzsa inequality (Theorem 4), we have

$$\mu(A \setminus Y, B_1 + \dots + B_h) \le \frac{|A + B_1|}{|A \setminus Y|} \cdots \frac{|A + B_h|}{|A \setminus Y|} \le n^h \frac{|A + B_1|}{|A|} \cdots \frac{|A + B_h|}{|A|},$$

so there is some  $\emptyset \neq X' \subseteq A \setminus Y$  such that

$$|X' + B_1 + \dots + B_h| \le n^h \frac{|A + B_1|}{|A|} \cdots \frac{|A + B_h|}{|A|} |X'|.$$

Taking  $Y' = Y \cup X'$ , we have

$$|Y' + B_1 + \dots + B_h| \le |Y + B_1 + \dots + B_h| + |X' + B_1 + \dots + B_h|$$
  
$$\le \left(n^h |Y| + n^h |X'| - \left(n^h - \frac{hn^{h-1} - 1}{h - 1}\right) |A|\right) \frac{|A + B_1|}{|A|} \cdots \frac{|A + B_h|}{|A|}$$
  
$$= \left(n^h |Y'| - \left(n^h - \frac{hn^{h-1} - 1}{h - 1}\right) |A|\right) \frac{|A + B_1|}{|A|} \cdots \frac{|A + B_h|}{|A|},$$

but |Y'| > (1 - 1/n)|A|, a contradiction.

**Theorem 7** (Ruzsa). If A, B, C are finite subsets of a semigroup G with A nonempty, such that for any  $b \in B, c \in C$  we have |cA| = |Ab| = |A|, then for any  $m \ge 1$  there is a set  $X \subseteq A$  with

$$|X| > (1 - 1/m)|A|$$

and

$$|CXB| \le (2m-1)\frac{|CA|}{|A|}\frac{|AB|}{|A|}|X|.$$

*Proof.* Since left multiplication by C commutes with right multiplication by B, we can make an auxiliary abelian semigroup G' out of disjoint copies of  $A, B, C, CA, AB, B \times C, CAB, \{0\}$  in an obvious way. Now apply Theorem 6 to G'.

## 1.2 Energy

**Definition 2.** If A, B are finite subsets of a semigroup, define their *energy* to be

$$E(A, B) = \#\{(a, b, c, d) \in A \times B \times A \times B \mid ab = cd\}.$$

When A = B, we abbreviate this by E(A).

**Proposition 2** (Cauchy-Schwarz). If A, B are finite nonempty subsets of a semigroup, then

$$E(A, B) \ge \frac{|A|^2|B|^2}{|AB|}.$$

**Definition 3.** If A, B are finite subsets of an abelian group G and  $x \in G$ , set

$$(A * B)(x) = \#\{(a, b) \in A \times B \mid a + b = x\},\$$
  
$$(A \circ B)(x) = \#\{(a, b) \in A \times B \mid b - a = x\}.$$

**Lemma 3** (Sanders, Schoen). If A is a finite nonempty subset of an abelian group,  $0 \le \alpha < 1$ , and  $c \ge 0$ , then there is a set  $X \subseteq A$  with  $|X| > \alpha \frac{E(A)}{|A|^2}$  and

$$\#\left\{(x,y) \in X \times X \mid (A \circ A)(x-y) > c\frac{E(A)}{|A|^2}\right\} \ge \left(1 - \frac{c}{1-\alpha}\right)|X|^2.$$

*Proof.* We will choose  $X = A \cap (A + d)$  for some  $d \in A - A$ . We have

$$\sum_{(A \circ A)(d) \le \alpha \frac{E(A)}{|A|^2}} (A \circ A)(d)^2 \le \alpha \frac{E(A)}{|A|^2} \sum_d (A \circ A)(d) = \alpha E(A),$$

 $\mathbf{SO}$ 

$$\sum_{(A \circ A)(d) > \alpha \frac{E(A)}{|A|^2}} (A \circ A)(d)^2 \ge (1 - \alpha)E(A).$$

Setting

$$S = \left\{ (a,b) \in A \times A \mid (A \circ A)(a-b) \le c \frac{E(A)}{|A|^2} \right\}.$$

we have

$$\sum_{d} \#\{(a,b) \in S \mid a,b \in A+d\} = \sum_{(a,b) \in S} (A \circ A)(a-b) \le c \frac{E(A)}{|A|^2} |S| \le c E(A).$$

Thus

$$\sum_{(A \circ A)(d) > \alpha \frac{E(A)}{|A|^2}} (1 - \alpha) \# \{ (a, b) \in S \mid a, b \in A + d \} - c(A \circ A)(d)^2 \le 0,$$

so there must be some d with  $(A \circ A)(d) > \alpha \frac{E(A)}{|A|^2}$  and

$$(1 - \alpha) \# \{ (a, b) \in S \mid a, b \in A + d \} - c(A \circ A)(d)^2 \le 0.$$

Taking  $X = A \cap (A + d)$  for this d, we have  $|X| = (A \circ A)(d)$  and

$$\#\left\{(x,y)\in X\times X\mid (A\circ A)(x-y)>c\frac{E(A)}{|A|^2}\right\}=|X|^2-\#\{(a,b)\in S\mid a,b\in A+d\}.$$

**Theorem 8** (Balog, Gowers, Schoen, Szemerédi). If A is a finite nonempty subset of an abelian group, then there is a set  $A' \subseteq A$  with  $|A'| > \frac{E(A)}{6|A|^2}$  and

$$|A' - A'| < 486 \frac{|A|^{10}}{E(A)^3}.$$

*Proof.* Take  $\alpha = \frac{1}{2}, c = \frac{1}{9}$  in Lemma 3 to find a set  $X \subseteq A$  with  $|X| > \frac{E(A)}{2|A|^2}$  and

$$\#\left\{(x,y)\in X\times X\mid (A\circ A)(x-y)>\frac{E(A)}{9|A|^2}\right\}\geq \frac{7}{9}|X|^2.$$

Make a graph  $\mathcal{H}$  with vertex set X, having an edge between x and y exactly when  $(A \circ A)(x - y) > \frac{E(A)}{9|A|^2}$ . Letting A' be the set of vertices in  $\mathcal{H}$  having degree greater than  $\frac{2}{3}|X|$ , we see that  $|A'| \ge \frac{|X|}{3} > \frac{E(A)}{6|A|^2}$ . For any  $a, b \in A'$ , we can find more than  $\frac{1}{3}|X|$  vertices  $x \in X$  connected to both a, b in  $\mathcal{H}$ , and for each such x we can write

$$a - b = (a - x) - (b - x),$$

and we can write the right hand side in the form  $(a_1 - a_2) - (a_3 - a_4)$  with  $a_1, a_2, a_3, a_4 \in A$ ,  $a_1 - a_2 = a - x$ , in at least  $\frac{E(A)^2}{81|A|^4}$  different ways. Thus we have

$$|A' - A'| \cdot \frac{1}{3} |X| \cdot \frac{E(A)^2}{81|A|^4} < |A|^4,$$
$$|A' - A'| < 486 \frac{|A|^{10}}{E(A)^3}.$$

 $\mathbf{SO}$ 

# 2 The sum-product theorem

#### 2.1 Characteristic Zero

**Definition 4.** For any distinct points  $a, b \in \mathbb{R}^n$ , set

$$D(a,b) = \left\{ p \in \mathbb{R}^n \mid \angle pab \le \frac{\pi}{6}, \angle pba \le \frac{\pi}{6} \right\}.$$

**Lemma 4.** For any four points  $a, b, c, d \in \mathbb{R}^n$  with  $a \neq b, c \neq d, \{a, b\} \neq \{c, d\}$ , if all of the inequalities

$$|ab| \le |bc|, |ab| \le |bd|, |cd| \le |ad|, |cd| \le |bd|$$

hold then the interiors of D(a, b) and D(c, d) do not intersect.

Proof. If  $|ab| + |cd| \leq |bd|$ , then since D(a, b) is contained in the sphere of radius |ab| around b and D(c, d) is contained in the sphere of radius |cd| around d, their interiors can't intersect. Otherwise, we can find a point  $x \in \mathbb{R}^n$  such that |bx| = |ab|, |dx| = |cd|. Since |ab|, |cd| are assumed to be at most |bd|, bd is the longest edge of triangle bdx, so we must have  $\angle bxd \geq \frac{\pi}{3}$ . Thus we can find some point m on the line segment bd with  $\angle mxb \geq \frac{\pi}{6}$  and  $\angle mxd \geq \frac{\pi}{6}$ . Since a is outside the sphere of radius |cd| = |dx| centered at d, we have  $\angle abm \geq \angle xbm$ , and similarly  $\angle cdm \geq \angle xdm$ . Thus, if we rotate the ray mx around the line bd we get a cone which separates the interior of D(a, b) from the interior of D(c, d).

**Corollary 1** (Gilbert, Pollak). Let P be a finite set of points in  $\mathbb{R}^n$ , and let T be a minimum spanning tree on P. For any distinct edges  $\{a,b\}, \{c,d\}$  of T, the interiors of D(a,b) and D(c,d) do not intersect.

*Proof.* Since T is a tree, there is a unique path in T connecting the edge  $\{a, b\}$  to the edge  $\{c, d\}$ . We may assume without loss of generality that this path connects a to c without passing through b or d. Then if we replace edge  $\{a, b\}$  with either  $\{b, c\}$  or  $\{b, d\}$  we again get a spanning tree, so by minimality we must have  $|ab| \leq |bc|, |bd|$ . Similarly we have  $|cd| \leq |ad|, |bd|$ . Now apply Lemma 4.

**Proposition 3.** Suppose  $a, b, c, d \in \mathbb{H}^{\times}$  are nonzero quaternions with  $\angle b0d \leq \frac{\pi}{6}$ . Then (a+c)(b+c) $d)^{-1}$  is in the interior of  $D(ab^{-1}, cd^{-1})$ .

*Proof.* Writing b = md, we have

$$(a+c)(b+d)^{-1} = (a+c)d^{-1}(m+1)^{-1} = ab^{-1} + (cd^{-1} - ab^{-1})(m+1)^{-1},$$

so it's enough to check that if  $\angle m01 \leq \frac{\pi}{6}$  then  $(m+1)^{-1}$  is in the interior of D(0,1). Since  $\angle (m+1)10 \geq \frac{5\pi}{6}$ , we have  $\angle 1(m+1)^{-1}0 \geq \frac{5\pi}{6}$ , so  $(m+1)^{-1}$  is in the interior of D(0,1) by the fact that the angles of a triangle sum to  $\pi$ . 

**Theorem 9** (Konyagin, Rudnev, Solymosi). Suppose  $A \subseteq \mathbb{H}^{\times}$  is a finite set of nonzero quaternions such that for any  $a, b \in A$  we have  $\angle a0b \leq \frac{\pi}{6}$ . Then

$$|A + A|^2 |AA| \ge \frac{|A|^4 - |A||AA|}{\log \frac{|AA|^2}{|A|} + \gamma}$$

where  $\gamma$  is the Euler-Mascheroni constant.

*Proof.* By Cauchy-Schwarz, we have

$$\#\{(a,b,c,d) \in A \times A \times A \times A \mid ab = cd\} \ge \frac{|A|^4}{|AA|}.$$

Write  $m(x) = \#\{(a, c) \in A \times A \mid c^{-1}a = x\}, n(x) = \#\{(b, d) \in A \times A \mid db^{-1} = x\}$ . By Cauchy-Schwarz again, we have

$$\sum_{x} m(x)^{2} \sum_{y} n(y)^{2} \ge \left(\sum_{x} m(x)n(x)\right)^{2} \ge \frac{|A|^{8}}{|AA|^{2}}.$$

Thus we may assume without loss of generality that

$$\sum_{x} n(x)^2 \ge \frac{|A|^4}{|AA|},$$

since otherwise we may replace A by  $\overline{A}$ . Choose a numbering  $x_1, ..., x_{|AA^{-1}|}$  of the elements of  $AA^{-1}$ such that  $n(x_1) \ge n(x_2) \ge \cdots$ . Choose  $1 \le k \le |AA^{-1}|$  such that  $(k-1)n(x_k)^2$  is maximized. Then by choice of k we have

$$\frac{|A|^4}{|AA|} \le \sum_{i=1}^{|AA^{-1}|} n(x_i)^2 \le |A| + (k-1)n(x_k)^2 \sum_{i=2}^{|AA^{-1}|} \frac{1}{i-1},$$
$$(k-1)n(x_k)^2 \ge \frac{|A|^4 - |A||AA|}{2^4},$$

 $\mathbf{SO}$ 

$$(k-1)n(x_k)^2 \ge \frac{|A|^4 - |A||AA|}{H_{|AA^{-1}|-1}|AA|}$$

where  $H_n = \sum_{i=1}^n \frac{1}{i}$  denotes the *n*th harmonic number. Note that by the Ruzsa triangle inequality 2 we have  $|AA^{-1}| \leq \frac{|AA|^2}{|A|}$ , so

$$H_{|AA^{-1}|-1} \le \log \frac{|AA|^2}{|A|} + \gamma.$$

Let T be a minimum spanning tree on  $\{x_1, ..., x_k\}$ . For any edge  $\{x_i, x_j\}$  in T, if  $a, b, c, d \in A$  have  $ab^{-1} = x_i$  and  $cd^{-1} = x_j$ , then by Proposition 3 the ratio  $(a + c)(b + d)^{-1}$  will be in the interior of  $D(ab^{-1}, cd^{-1})$ . Thus by Corollary 1 we have an injection

$$\{(\{x_i, x_j\}, a, b, c, d) \in T \times A \times A \times A \times A | ab^{-1} = x_i, cd^{-1} = x_j\} \hookrightarrow (A+A) \times (A+A),$$

taking  $(\{x_i, x_j\}, a, b, c, d)$  to (a + c, b + d). Since T has k - 1 edges and  $n(x_i) \ge n(x_k)$  for  $1 \le i \le k$ , we have

$$|A+A|^2 \ge (k-1)n(x_k)^2 \ge \frac{|A|^4 - |A||AA|}{H_{|AA^{-1}|-1}|AA|}.$$

## 2.2 Finite fields

**Lemma 5.** If  $A, B \subseteq \mathbb{F}_q$ ,  $G \subseteq \mathbb{F}_q^{\times}$ , then there is some  $\xi \in G$  with

$$|A + \xi B| \ge \frac{|A||B||G|}{|A||B| + |G|}$$

*Proof.* Define a function  $f: G \mapsto \mathbb{N}$  by

$$f(\xi) = \#\{(a, b, a', b') \in A \times B \times A \times B \mid a + \xi b = a' + \xi b'\}$$

We have

$$\sum_{\xi \in G} f(\xi) \le |A|^2 |B|^2 + |A||B||G|,$$

so there must be some  $\xi \in G$  with  $f(\xi) \leq \frac{|A|^2|B|^2}{|G|} + |A||B|$ . By Cauchy-Schwarz, we have

$$|A + \xi B| \ge \frac{|A|^2 |B|^2}{f(\xi)} \ge \frac{|A||B||G|}{|A||B| + |G|}.$$

**Theorem 10** (Bourgain, Garaev, Katz, Li, Shen, ...). If p is prime and  $A \subseteq \mathbb{F}_p$  then

$$|A + A|^{9} |AA|^{4} \ge \frac{|A|^{14}}{256} \min\left(1, \frac{p}{|A|^{2}}\right),$$
$$|A + A|^{8} |AA|^{4} \ge \frac{|A|^{13}}{2^{23}} \min\left(1, \frac{3^{7}p}{|A|^{2}}\right).$$

*Proof.* We'll prove the second bound (for the first bound, take X = A and Z = W = Y instead of using the approximate variations on the sumset calculus). By the approximate Plünnecke-Ruzsa theorem (Theorem 6), we can find  $X \subseteq A$  with  $|X| \ge \frac{3}{4}|A|$  and

$$|X + A + A + A| \le 24 \frac{|A + A|^3}{|A|^3} |X|.$$

By the Cauchy-Schwarz inequality, we have

$$\sum_{x \in X, a \in A} |xA \cap Xa| \ge \frac{|X|^2 |A|^2}{|XA|},$$

so by the pigeonhole principle there is some  $a_0 \in A$  with

$$\sum_{x \in X} |xA \cap Xa_0| \ge \frac{|X|^2 |A|}{|XA|}.$$

Let  $X = \{x_1, ..., x_{|X|}\}$ , set  $n_i = |x_i A \cap X a_0|$ , and suppose WLOG that  $n_1 \ge \cdots \ge n_{|X|}$ . Choose k maximizing the quantity  $k^{3/4}n_k$ , set  $Y = \{x_1, ..., x_k\}$ , and set  $N = n_k$ . We have

$$\frac{|X|^2|A|}{|XA|} \le \sum_{i=1}^{|X|} n_i \le \sum_{i=1}^{|X|} i^{-3/4} k^{3/4} n_k < 4|X|^{1/4} |Y|^{3/4} N,$$

 $\mathbf{SO}$ 

$$|Y|^3 N^4 \ge \frac{|X|^7 |A|^4}{256 |XA|^4}.$$

For any  $y \in Y$  we have  $|yA \cap Xa_0| \ge N$ , so by Ruzsa's triangle inequality (Theorem 2) we have

$$|yA - Xa_0| \le \frac{|yA + yA \cap Xa_0||yA \cap Xa_0 + Xa_0|}{|yA \cap Xa_0|} \le \frac{|y(A + A)||(X + X)a_0|}{N} \le \frac{|A + A|^2}{N},$$

and similarly by Plünnecke-Ruzsa (Theorem 4) we have

$$|yA + Xa_0| \le \frac{|yA \cap Xa_0 + yA||yA \cap Xa_0 + Xa_0|}{|yA \cap Xa_0|} \le \frac{|A + A|^2}{N}.$$

There are now two cases.

**Case 1:** If  $\frac{Y-Y}{(Y-Y)\setminus\{0\}} = \mathbb{F}_p$ , then by Lemma 5 we can find  $\xi \in \mathbb{F}_p^{\times}$  such that  $|A + \xi A| \geq \frac{1}{2}\min(|A|^2, p)$ . Write  $\xi = \frac{c-d}{a-b}$  with  $a, b, c, d \in Y$ . By Plünnecke-Ruzsa, we have

$$|(a-b)A + (c-d)A| \le |aA - bA + cA - dA| \le \frac{|Xa_0 + aA||Xa_0 - bA||Xa_0 + cA||Xa_0 - dA|}{|Xa_0|^3}$$

 $\mathbf{SO}$ 

$$|A+A|^8 \ge \frac{|A|^2|X|^3N^4}{2}\min\left(1,\frac{p}{|A|^2}\right).$$

Since  $|X|^3 N^4 \ge |Y|^3 N^4 \ge \frac{|X|^7 |A|^4}{256 |AA|^4}$  and  $|X| \ge \frac{3}{4} |A|$ , we have

$$|A + A|^8 |AA|^4 \ge \frac{|X|^7 |A|^6}{2^9} \min\left(1, \frac{p}{|A|^2}\right)$$
$$\ge \frac{3^7 |A|^{13}}{2^{23}} \min\left(1, \frac{p}{|A|^2}\right).$$

**Case 2:** If  $\frac{Y-Y}{(Y-Y)\setminus\{0\}} \neq \mathbb{F}_p$ , then we can find  $\xi \in \left(\frac{Y-Y}{(Y-Y)\setminus\{0\}} + 1\right) \setminus \frac{Y-Y}{(Y-Y)\setminus\{0\}}$ . Writing  $\xi = \frac{c-d}{a-b} + 1$  with  $a, b, c, d \in Y$ , we see that for any  $Z, W \subseteq Y$  have

$$|Z||W| = |Z + \xi W| \le |(a - b)Z + (a - b)W + (c - d)W|.$$

In particular, if  $\emptyset \neq Z' \subseteq Z$  is chosen such that  $\mu((a-b)Z, (a-b)W + (c-d)W) = \frac{|(a-b)Z' + (a-b)W + (c-d)W|}{|Z'|}$ , then by Plünnecke-Ruzsa we have

$$|Z'||W| \le |(a-b)Z' + (a-b)W + (c-d)W| \le \frac{|Z+W|}{|Z|} \frac{|(a-b)Z + (c-d)W|}{|Z|} |Z'|,$$

 $\mathbf{SO}$ 

$$|Z|^{2}|W| \le |A + A||(a - b)Z + (c - d)W|.$$

Applying the approximate covering lemma (Lemma 5) to  $aA \cap Xa_0$ , aY, we find a set S with  $|S| < 3\frac{|A+A|}{N}$  such that

$$|aY \cap (Xa_0 + aS)| \ge \frac{6}{7}|Y|.$$

Let  $Y' = Y \cap (a^{-1}Xa_0 + S)$ . Applying it again, we find a set S' with  $|S'| < 3\frac{|A+A|}{N}$  such that

$$bY' \cap (-Xa_0 + bS') \ge \frac{6}{7}|Y'|,$$

and let  $Z = Y' \cap (-b^{-1}Xa_0 + S)$ . Similarly, find sets  $W \subseteq Y, S'', S'''$  such that  $|W| \ge \frac{6^2}{7^2}|Y|$ ,  $cW \subseteq Xa_0 + cS'', dW \subseteq -Xa_0 + dS''', |S''|, |S'''| \le 3\frac{|A+A|}{N}$ . We have

$$\begin{aligned} |(a-b)Z + (c-d)W| &\leq |aZ - bZ + cW - dW| \\ &\leq |S||S'||S''||S'''||Xa_0 + Xa_0 + Xa_0 + Xa_0| \\ &\leq 3^4 \frac{|A+A|^4}{N^4} \cdot 24 \frac{|A+A|^3}{|A|^3} |X|, \end{aligned}$$

 $\mathbf{SO}$ 

$$|X||A + A|^8 \ge \frac{24|A|^3|Y|^3N^4}{7^6}$$

By the inequalities  $|X| \geq \frac{3}{4} |A|$  and  $|Y|^3 N^4 \geq \frac{|X|^7 |A|^4}{256 |AA|^4}$  we have

$$\begin{split} |A+A|^8 |AA|^4 &\geq \frac{3|X|^6 |A|^7}{2^5 \cdot 7^6} \\ &\geq \frac{3^7 |A|^{13}}{2^{17} \cdot 7^6} \\ &\geq \frac{|A|^{13}}{2^{23}}. \end{split}$$

**Theorem 11** (Garaev). Let q be a prime power. If  $A, B \subseteq \mathbb{F}_q, C \subseteq \mathbb{F}_q^{\times}$ , then

$$|A + B||AC| \ge \min\left(\frac{|A|q}{2}, \frac{|A|^2|B||C|}{4q}\right).$$

Proof. Let

$$J = \{(x, b, c, y) \in (A + B) \times B \times C \times AC \mid x = b + yc^{-1}\}.$$

We have an injection  $A \times B \times C \hookrightarrow J$  given by  $(a, b, c) \mapsto (a + b, b, c, ac)$ , so  $|J| \ge |A||B||C|$ . Let  $\phi_0, ..., \phi_{q-1}$  be the additive characters of  $\mathbb{F}_q$ ,  $\phi_0$  the trivial character. We have

$$\begin{aligned} |J| &= \frac{1}{q} \sum_{n=0}^{q-1} \sum_{x \in A+B} \sum_{b \in B} \sum_{c \in C} \sum_{y \in AC} \phi_n(b-x+yc^{-1}) \\ &\leq \frac{|A+B||B||C||AC|}{q} + \frac{1}{q} \sum_{n=1}^{q-1} \left| \sum_{x \in A+B} \phi_n(x) \right| \left| \sum_{b \in B} \phi_n(b) \right| \sum_{c \in C} \left| \sum_{y \in AC} \phi_n(yc^{-1}) \right|. \end{aligned}$$

By Cauchy-Schwarz, for  $n \neq 0$  we have

$$\left(\sum_{c\in C} \left|\sum_{y\in AC} \phi_n(yc^{-1})\right|\right)^2 \le |C| \sum_{d\in \mathbb{F}_q} \left|\sum_{y\in AC} \phi_n(dy)\right|^2$$
$$= q|C||AC|,$$

and applying Cauchy-Schwarz one more time we have

$$\frac{1}{q} \sum_{n=1}^{q-1} \left| \sum_{x \in A+B} \phi_n(x) \right| \left| \sum_{b \in B} \phi_n(b) \right| \sum_{c \in C} \left| \sum_{y \in AC} \phi_n(yc^{-1}) \right| \le \frac{\sqrt{q|C||AC|}}{q} \sum_{n=1}^{q-1} \left| \sum_{x \in A+B} \phi_n(x) \right| \left| \sum_{b \in B} \phi_n(b) \right| \le \sqrt{q|A+B||B||C||AC|}.$$

Thus

$$|A||B||C| \le \frac{|A+B||B||C||AC|}{q} + \sqrt{q|A+B||B||C||AC|}.$$

A much better sum-product bound was recently obtained by Rudnev, using a three-dimensional variant of the Szemerédi-Trotter theorem due to Kollár. The proof is sketched below.

**Lemma 6** (Kollár). Let  $\mathcal{L}$  be a set of m distinct lines in  $\mathbb{P}^3$ .

- 1) There exists a surface S of degree at most  $\sqrt{6m} 2$  which contains  $\mathcal{L}$ .
- 2) For any irreducible surface U of degree  $g \leq \sqrt{6m}$  there exists a surface T of degree at most  $\frac{6m}{q}$  which contains  $\mathcal{L}$  and does not contain U.

**Proposition 4** (Kollár). For i = 1, ..., n-1 let  $H_i$  be a hypersurface in  $\mathbb{P}^n$  of degree  $a_i$ , and suppose their intersection  $B = H_1 \cap \cdots \cap H_{n-1}$  is 1-dimensional. Let  $C \subseteq B$  be a reduced subcurve. Then the arithmetic genus of C satisfies

$$p_a(C) \le p_a(B) = 1 + \frac{1}{2} \left( \sum_i a_i - n - 1 \right) \prod_i a_i.$$

*Proof.* By induction on n together with the Kodaira vanishing theorem for  $\mathbb{P}^n$ , one can show that  $h^0(B, \mathcal{O}_B) = 1$ , so  $p_a(B) = h^1(B, \mathcal{O}_B) - h^0(B, \mathcal{O}_B) + 1 = h^1(B, \mathcal{O}_B)$ . If J is the ideal sheaf of C on B, we have

$$0 \to J \to \mathcal{O}_B \to \mathcal{O}_C \to 0,$$

so by the long exact sequence of cohomology we have

$$H^1(B, \mathcal{O}_B) \to H^1(C, \mathcal{O}_C) \to H^2(B, J),$$

and  $H^2(B, J) = 0$  since B is 1-dimensional. Thus

$$p_a(C) = h^1(C, \mathcal{O}_C) - h^0(C, \mathcal{O}_C) + 1 \le h^1(B, \mathcal{O}_B) = p_a(B).$$

The formula for  $p_a(B)$  follows by directly computing the Hilbert polynomial of B.

**Proposition 5** (Kollár). Let  $S, T \subseteq \mathbb{P}^3$  be surfaces of degrees a, b with no common components, and let C be a reduced curve contained in  $S \cap T$ . For a point  $p \in C$  let r(p) be the multiplicity of C at p.

- 1) C has at most ab components.
- 2)  $\sum_{p \in C} r(p) 1 \leq \frac{ab}{2}(a+b-2).$

Following Rudnev, we give a concrete description of Plücker coordinates for lines in  $\mathbb{P}^3$ .

**Definition 5.** For a line L in  $\mathbb{P}^3$  containing points  $[q_0:q_1:q_2:q_3], [u_0:u_1:u_2:u_3]$ , set

$$P_{ij} = q_i u_j - q_j u_i,$$

and define the Plücker coordinates of L to be  $[P_{01} : P_{02} : P_{03} : P_{23} : P_{31} : P_{12}]$ . Writing this as  $[\omega : \nu]$ , if  $q_0 = u_0 = 1$  and we set  $q = (q_1, q_2, q_3), u = (u_1, u_2, u_3)$  then  $\omega = u - q, \nu = q \times \omega$ . Define the Klein quadric  $\mathcal{K}$  to be the 4-dimensional hypersurface

$$\mathcal{K} = \{ [\omega : \nu] \in \mathbb{P}^5 \mid \omega \cdot \nu = 0 \}.$$

**Proposition 6.** Two lines with Plücker coordinates  $[\omega : \nu], [\omega' : \nu']$  intersect if and only if

$$\omega \cdot \nu' + \omega' \cdot \nu = 0,$$

and this occurs if and only if the line connecting  $[\omega : \nu], [\omega' : \nu']$  is contained in  $\mathcal{K}$ . Every plane contained in  $\mathcal{K}$  is either an  $\alpha$ -plane, corresponding to the set of lines through a specific point in  $\mathbb{P}^3$ , or a  $\beta$ -plane, corresponding to the set of lines contained in a specific plane in  $\mathbb{P}^3$ . Any two  $\alpha$ -planes meet in a point, any two  $\beta$ -planes meet in a point, and an  $\alpha$ -plane and a  $\beta$ -plane meet in a line if and only if the point corresponding to the  $\alpha$ -plane is contained in the plane corresponding to the  $\beta$ -plane.

**Definition 6.** A ruling  $\Gamma$  of a surface  $S \subset \mathbb{P}^3$  is a closed curve  $\Gamma \subset \mathcal{K}$  such that each point of  $\Gamma$  corresponds to a line contained in S. The *degree* of a ruling  $\Gamma$  is defined to be its degree as a curve in  $\mathbb{P}^5$ . A line contained in S which is not contained in any ruling of S is called *special*.

**Proposition 7.** For any three skew lines  $L_1, L_2, L_3 \subset \mathbb{P}^3$ , the union of the collection of all lines which intersect all three of  $L_1, L_2, L_3$  is a smooth quadric surface S. Conversely, every smooth quadric surface S has two irreducible rulings  $\Gamma_1, \Gamma_2$  of degree 2.

**Corollary 2.** Every irreducible ruled surface S is either a plane, a cone, a smooth quadric surface, or else has a unique ruling and contains at most two special lines which do not intersect each other. If S is not a plane, the degree d of an irreducible ruling is equal to the degree of S. Any nonspecial line intersects at most d - 2 other nonspecial lines.

**Theorem 12** (Cayley, Monge, Salmon, Voloch). Let  $S \subset \mathbb{P}^3$  be a surface of degree d, with d < p if the characteristic is p. If S has no ruled components, then there is a surface T of degree 11d - 24 such that S and T have no components in common, and every line contained in S is contained in  $S \cap T$ .

Sketch. The surface T is defined by the equation cutting out those points p of S for which there exists a line which is triply tangent to S at p (such a p is called a *flecnodal* point). The equation for T can be computed explicitly using resultants. Next, one shows that if a component of S consists entirely of flecnodal points, then that component must be ruled.

**Theorem 13** (Kollár). Let  $\mathcal{L}$  be a collection of m distinct lines in  $\mathbb{P}^n$  such that for any three distinct lines  $L_1, L_2, L_3 \in \mathcal{L}$  the number of lines from  $\mathcal{L}$  intersecting all three of  $L_1, L_2, L_3$  is at most  $\sqrt{m}$ . If the characteristic is p, suppose that  $m < \frac{11}{6}p^2$ . Then the total number of intersection points between lines in  $\mathcal{L}$  is at most

$$\left(\frac{\sqrt{6}}{2} + \frac{(36 - \frac{1}{2})\sqrt{6}}{\sqrt{11}}\right)m^{\frac{3}{2}} < \sqrt{754}m^{\frac{3}{2}}.$$

Proof. By choosing a generic projection to  $\mathbb{P}^3$ , we may assume without loss of generality that n = 3. We may also assume that  $m \ge 754$ . Find a surface S of degree  $d \le \sqrt{6m} - 2$  containing  $\mathcal{L}$ , and assume that the degree of S is minimal. Choose an ordering  $S_1, \ldots$  of the irreducible components of S such that, letting  $\mathcal{L}_i = \{l \in \mathcal{L} \mid l \subset S_i \setminus (S_1 \cup \cdots \cup S_{i-1})\}$ , we have  $\frac{|\mathcal{L}_i|}{\deg S_i}$  nonincreasing in i. Write  $m_i = |\mathcal{L}_i|, d_i = \deg S_i$ . The number of intersections between lines contained in different sets  $\mathcal{L}_i, \mathcal{L}_j$  is at most

$$\sum_{j \le i} m_i d_j \le \sum_{j \le i} \frac{m_i d_j + m_j d_i}{2} = \frac{md - \sum_i m_i d_i}{2}.$$

If  $S_i$  is a cone, then there is at most 1 intersection point between lines in  $\mathcal{L}_i$  (the cone point). If  $S_i$  is a plane, then any two lines in  $S_i$  intersect, so by assumption  $m_i \leq \sqrt{m}$ , and the number of intersection points between lines in  $\mathcal{L}_i$  is at most

$$\frac{m_i(m_i - 1)}{2} \le \frac{(m_i - 1)\sqrt{m}}{2}$$

If  $S_i$  is a smooth quadric surface, then either one of the rulings on  $S_i$  contains at most two lines from  $\mathcal{L}_i$  or by assumption both rulings contain at most  $\sqrt{m}$  lines from  $\mathcal{L}_i$ , so the number of intersection points between lines in  $\mathcal{L}_i$  is at most

$$\max\left(m_i - 1, 2(m_i - 2), \frac{m_i\sqrt{m}}{2}\right) \le \frac{m_i\sqrt{m}}{2}.$$

If  $S_i$  is ruled of degree at least 3, then since there are at most two special lines in  $S_i$  and since nonspecial lines meet at most  $d_i-2$  other nonspecial lines, the number of intersection points between lines in  $\mathcal{L}_i$  is at most

$$\frac{m_i(d_i - 2 + 2) + 2m_i}{2} = \frac{m_i d_i}{2} + m_i.$$

If  $S_i$  is not ruled, then by Lemma 6 and Theorem 12 we can find a surface T of degree at most  $\min\left(11d_i - 24, \frac{6m_i}{d_i}\right)$  which contains  $\mathcal{L}_i$  but not  $S_i$  (note that if we take deg  $T = 11d_i - 24$  then

 $d_i \leq \sqrt{\frac{6}{11}m} < p$ ). Thus by Proposition 5 the number of intersections between lines in  $\mathcal{L}_i$  is at most

$$\min\left(\frac{d_i(11d_i-24)}{2}(12d_i-26), 3m_i\left(d_i+\frac{6m_i}{d_i}-2\right)\right) \le \frac{m_id_i}{2} + \frac{(36-\frac{1}{2})\sqrt{6}}{\sqrt{11}}m_i^{\frac{3}{2}}$$

Putting everything together, we see that the total number of intersection points between lines in  $\mathcal{L}$  is at most

$$\frac{md}{2} + \sum_{i} \frac{(36 - \frac{1}{2})\sqrt{6}}{\sqrt{11}} m_i \sqrt{m} \le \left(\frac{\sqrt{6}}{2} + \frac{(36 - \frac{1}{2})\sqrt{6}}{\sqrt{11}}\right) m^{\frac{3}{2}}.$$

**Corollary 3** (Rudnev). Suppose we have n points and n planes in  $\mathbb{P}^3$  such that no more than  $\sqrt{n}$  points lie on any line and no more than  $\sqrt{n}$  planes all contain a common line. Assume further that if the characteristic is p we have  $n \leq \frac{11}{12}p^2$ . Then the number of point-plane incidences is at most  $\sqrt{6032n^{\frac{3}{2}}}$ .

Proof. Taking Plücker coordinates, we get a collection of n  $\alpha$ -planes and n  $\beta$ -planes, and every incidence between a point and a plane becomes a pair of an  $\alpha$ -plane and a  $\beta$ -plane which intersect in a line. Intersecting the configuration with a general hyperplane which does not contain the intersection of any two  $\alpha$ -planes or the intersection of any two  $\beta$ -planes, we get a configuration of 2n lines in  $\mathbb{P}^4$ . Call a line coming from an  $\alpha$ -plane an  $\alpha$ -line, and similarly define  $\beta$ -lines. Any two  $\alpha$ -lines do not intersect, any two  $\beta$ -lines do not intersect, and intersections between  $\alpha$ -lines and  $\beta$ -lines correspond to point-plane incidences. For any two  $\alpha$ -lines, any  $\beta$ -line intersecting them corresponds to a plane containing the line through the corresponding points, so at most  $\sqrt{n}$ lines from the configuration intersect any pair of  $\alpha$ -lines. Similarly, at most  $\sqrt{n}$  lines from the configuration intersecting any pair of  $\beta$ -lines. Thus we can apply Theorem 13 to see that the number of incidences is at most

$$\sqrt{754}(2n)^{\frac{3}{2}} = \sqrt{6032}n^{\frac{3}{2}}.$$

**Theorem 14** (Roche-Newton, Rudnev, Shkredov). If A is a finite subset of the nonzero elements of a field with characteristic p satisfying  $|A|^2 |AA| \leq \frac{11}{12}p^2$ , then

$$|A + A|^2 |AA|^3 \ge \frac{|A|^6}{6032}$$

*Proof.* We estimate the number N of solutions to the equation

$$a + bcd^{-1} = e + fgh^{-1},$$

with  $a, b, c, d, e, f, g, h \in A$ , in two ways. By taking c = d, g = h and applying Cauchy-Schwarz we see that

$$N \ge \frac{|A|^4}{|A+A|} |A|^2.$$

Now to each tuple  $(a, h, bc) \in A \times A \times AA$  we associate the point  $(a, bc, h^{-1})$ , and to each tuple  $(d, e, fg) \in A \times A \times AA$  we associate the plane  $\{(x, y, z) \mid x + d^{-1}y = e + fgz\}$ . This gives us a collection of  $|A|^2 |AA|$  points and  $|A|^2 |AA|$  planes in  $\mathbb{P}^3$  such that at most  $|AA| \leq \sqrt{|A|^2 |AA|}$  points (respectively planes) lie on any line. By Corollary 3, we see that

$$\sqrt{6032}(|A|^2|AA|)^{\frac{3}{2}} \ge N \ge \frac{|A|^6}{|A+A|}.$$

By a similar argument, we obtain the following.

**Theorem 15** (Roche-Newton, Rudnev, Shkredov). Let A, B, C be finite subsets of a field of characteristic p. If  $\max(|A|, |B|, |C|)^2 \leq |A||B||C| \leq \frac{11}{12}p^2$ , then

$$|A + BC|^2 \ge \frac{|A||B||C|}{6032}.$$

## 2.3 General rings

**Theorem 16** (Katz-Tao Lemma). Let A be a nonempty finite set of non-zero-divisors of a ring R. There is a subset  $B \subseteq A$  such that

$$|B| \ge \frac{|A|^2}{4|AA|}$$

and such that for any natural numbers k, l we have

$$|kBB - lBB| \le \left(384 \frac{|A + A|^3 |AA|^7}{|A|^{10}}\right)^{k+l} |kA - lA|.$$

*Proof.* By Theorem 7 we can find a subset  $X \subseteq A$  with  $|X| \ge \frac{|A|}{2}$  and

$$|AXA| \leq 3\frac{|AA|^2}{|A|^2}|X|.$$

By Cauchy-Schwarz we have

$$\sum_{x \in X} \sum_{y \in A} |xA \cap Xy| \ge \frac{|X|^2 |A|^2}{|XA|} \ge \frac{|X|^2 |A|^2}{|AA|},$$

so we can pick some  $y \in A$  such that

$$\sum_{x \in X} |xA \cap Xy| \ge \frac{|X|^2 |A|}{|AA|}.$$

Setting

$$B = \left\{ x \in X \mid |xA \cap Xy| \ge \frac{|X||A|}{2|AA|} \right\},\$$

we have

$$|B| \ge \frac{|X||A|}{2|AA|}.$$

We now show by induction on h that if  $b_1, ..., b_k \in B^h$ , then

$$|b_1A + \dots + b_kA| \le \left(\frac{4|A+A||AA|}{|A|^2}\right)^{hk} |kA|.$$

Suppose that we have shown this already for h. Letting  $b_1, ..., b_k \in B^h$  and  $x_1, ..., x_k \in B$ , since the  $b_i$ s and  $x_i$ s are non-zero-divisors we have

$$|b_i x_i A + b_i x_i A| = |A + A|$$

and

$$|b_i x_i A \cap b_i A y| = |x_i A \cap A y| \ge \frac{|A|^2}{4|AA|},$$

so by Proposition 1 we have

$$|b_1 x_1 A + \dots + b_k x_k A| \le \frac{|A+A|}{|x_1 A \cap Ay|} \cdots \frac{|A+A|}{|x_k A \cap Ay|} |b_1 Ay + \dots + b_k Ay|$$
$$\le \left(\frac{4|A+A||AA|}{|A|^2}\right)^{(h+1)k} |kA|,$$

completing the induction. A similar statement with both additions and subtractions can be proved in the same way.

Now choose an element  $m \in BA$  such that, setting

$$C = \{(b, a) \in B \times A \mid ba = m\},\$$

we have

$$|C| \ge \frac{|B||A|}{|BA|} \ge \frac{|A|^2}{2|AA|^2}|X|.$$

Fixing a representation uv + tw for each sum in BB + BB, we have an injection

$$(BB + BB) \times C \times C \hookrightarrow \{(c, d, s) \mid c, d \in B^3, s \in cA + dA\},\$$

sending (uv + tw, (b, a), (b', a')) to (uvb, twb', (uv + tw)m). Thus, using  $|B^3| \le |AXA| \le 3\frac{|AA|^2}{|A|^2}|X|$ , we have

$$\begin{split} |BB + BB| &\leq \left(\frac{|B^3|}{|C|}\right)^2 \left(\frac{4|A + A||AA|}{|A|^2}\right)^6 |A + A| \\ &\leq 6^2 \frac{|AA|^8}{|A|^8} \cdot 4^6 \frac{|A + A|^6|AA|^6}{|A|^{12}} |A + A| \\ &= 384^2 \frac{|A + A|^6|AA|^{14}}{|A|^{20}} |A + A|. \end{split}$$

By the same argument, for any natural numbers k, l we get

$$|kBB - lBB| \le \left(384 \frac{|A + A|^3 |AA|^7}{|A|^{10}}\right)^{k+l} |kA - lA|.$$

More generally, we even have

$$|kB^{h} - lB^{h}| \le \left(\frac{|B^{h+1}|}{|C|} \left(\frac{4|A+A||AA|}{|A|^{2}}\right)^{h+1}\right)^{k+l} |kA - lA|.$$

**Theorem 17** (Self-improving property). Let A be a finite subset of a ring R, and let D be a nonempty subset of A - A. If x is an element of R and  $r \in R^*$  is a non-zero-divisor such that

$$|xA + rA| < \frac{|A|^2}{|D|}$$

then there is an element  $d \in (A - A) \setminus D$  such that

$$|xAA + rAA| \le \frac{|2AA - AA|}{|dA|} |3AA - 2AA|.$$

If we take D to be the set of zero-divisors of A - A and we assume that  $D \neq A - A$ , then we have

$$|xA+rA| \leq \frac{|2AA-2AA|}{|A|}|3AA-3AA|$$

*Proof.* By Cauchy-Schwarz, we have

$$\#\{(a, b, a', b') \in A \times A \times A \times A \mid xa + rb = xa' + rb'\} \ge \frac{|A|^4}{|xA + rA|}$$

 $\mathbf{SO}$ 

$$\#\{(d,e) \in (A-A) \times (A-A) \mid xd = re\} \ge \frac{|A|^2}{|xA + rA|} > |D|.$$

Since r is a non-zero-divisor, each pair (d, e) with xd = re corresponds to a different value of d. Thus we can find  $d \in (A - A) \setminus D$  with  $xd \in r(A - A)$ . By the Ruzsa covering lemma, there is a set  $S \subseteq AA$  with

$$|S| \le \frac{|dA + AA|}{|dA|} \le \frac{|2AA - AA|}{|dA|}$$

and

$$AA \subseteq dA - dA + S.$$

Thus we have

$$|xAA + rAA| \le |xdA - xdA + xS + rAA| \le |S||r(3AA - 2AA)| \le \frac{|2AA - AA|}{|dA|}|3AA - 2AA|$$

For the last claim, we apply the Ruzsa covering lemma to find  $S' \subseteq AA - AA$  with

$$AA - AA \subseteq dA - dA + S'$$

to get

$$|xA + rA| \le |(xA + rA)(A - A)| \le |xdA - xdA + xS' + rA(A - A)| \le \frac{|2AA - 2AA|}{|A|} |3AA - 3AA|. \ \Box$$

From here on, we take A to be a subset of a ring R such that A - A contains a non-zero-divisor, and we let D be the set of zero-divisors in A - A. For any  $r \in R$ , we define the set  $S_r$  to be

$$S_r = \left\{ x \in R \mid |xA + rA| < \frac{|A|^2}{|D|} \right\}$$

**Proposition 8.**  $|A - A|, |A + A| \leq |2AA - 2AA|.$ 

**Proposition 9.** If  $r \in \mathbb{R}^*$  then  $|S_r| < |A - A|^2$ . If we also have

$$|D| \le \frac{|A|^3}{2|2AA - 2AA||3AA - 3AA|},$$

then

$$|S_r| < \frac{2|A - A|^2 |2AA - 2AA| |3AA - 3AA|}{|A|^3}.$$

*Proof.* Let  $x \in S_r$ . By the same argument as in Theorem 17, we have

$$\#\{(d,e) \in ((A-A) \setminus D) \times (A-A) \mid xd = re\} \ge \frac{|A|^2}{|xA+rA|} - |D| \ge \frac{|A|^3}{|2AA - 2AA||3AA - 3AA|} - |D|.$$

Since for each  $(d, e) \in ((A - A) \setminus D) \times (A - A)$  there is at most one x such that xd = re, we see that

$$|S_r| \le \frac{(|A - A| - |D|)|A - A|}{\frac{|A|^3}{|2AA - 2AA||3AA - 3AA|} - |D|}.$$

**Proposition 10.** If  $r \in R^*$  and

$$|D| < \frac{|A|^6}{|A+A||2AA - 2AA|^2|3AA - 3AA|^2},$$

then  $S_r$  is closed under addition (and is therefore an additive group).

*Proof.* For  $x, y \in S_r$ , we have

$$|(x+y)A+rA| \leq \frac{|xA+rA|}{|A|} \frac{|yA+rA|}{|A|} |A+A| \leq \frac{|A+A||2AA-2AA|^2|3AA-3AA|^2}{|A|^4} < \frac{|A|^2}{|D|}. \ \Box$$

## Proposition 11. If

$$|D| < \frac{|A|^8}{|A+A||2AA-2AA|^3|3AA-3AA|^3},$$

then  $S_1$  is closed under multiplication (and is therefore a ring).

*Proof.* Suppose  $x, y \in S_1$ . Apply the Ruzsa covering lemma to find  $S \subseteq yA$  with

$$|S| \le \frac{|yA + A|}{|A|}$$

and

$$yA \subseteq A - A + S.$$

Then we have

$$xyA + A| \le |xA - xA + xS + A| \le \frac{|A + A||2AA - 2AA|^3|3AA - 3AA|^3}{|A|^6} < \frac{|A|^2}{|D|}.$$

**Proposition 12.** If  $r \in R^*$ ,  $a \in (A - A) \setminus D$ , and

$$|D| < \frac{|A|^{10}}{|A+A||2AA - 2AA|^4|3AA - 3AA|^4},$$

then  $S_r S_a \subseteq S_{ra}$ .

*Proof.* Take  $x \in S_r$  and  $y \in S_a$ . We have

$$|yA + Aa| \le \frac{|yA + aA|}{|A|} \frac{|Aa + aA|}{|A|} |A| \le \frac{|yA + aA||2AA - 2AA|}{|A|}.$$

Take  $S \subseteq yA$  with

$$|S| \le \frac{|yA + Aa|}{|A|}$$

and

$$yA \subseteq Aa - Aa + S.$$

Take  $S' \subseteq xA - xA$  with

$$|S'| \le \frac{|xA - xA + rA|}{|A|} \le \frac{|xA + rA|}{|A|} \frac{|-xA + rA|}{|A|} \frac{|A + A|}{|A|}$$

and

$$xA - xA \subseteq rA - rA + S'.$$

Then

$$\begin{aligned} xyA + raA| &\leq |xAa - xAa + xS + raA| \leq |S||rAa - rAa + S'a + raA| \\ &\leq |S||S'||Aa - Aa + aA| \leq \frac{|A + A||2AA - 2AA|^4|3AA - 3AA|^4}{|A|^8} < \frac{|A|^2}{|D|}. \end{aligned}$$

**Proposition 13.** If  $r, s \in R$  then  $sS_r \subseteq S_{sr}$ .

**Proposition 14.** If  $r \in R$  and  $|D| < \frac{|A|^2}{|A+A|}$ , then  $r \in S_r$ .

**Proposition 15.** If  $r, s \in R$ , then  $r \in S_s \iff s \in S_r$ .

**Proposition 16.** If  $r, s \in R^*$ ,  $S_r \cap S_s \cap R^* \neq \emptyset$ , and

$$|D| < \frac{|A|^7}{|2AA - 2AA|^3|3AA - 3AA|^3},$$

then  $S_r = S_s$ .

*Proof.* Take  $t \in S_r \cap S_s \cap R^*$  and  $x \in S_r$ . We have

$$|rA+sA| \leq \frac{|tA+rA|}{|A|} \frac{|tA+sA|}{|A|} |A|$$

Then

$$|xA + sA| \le \frac{|xA + rA|}{|A|} \frac{|rA + sA|}{|A|} |A| \le \frac{|2AA - 2AA|^3 |3AA - 3AA|^3}{|A|^5} < \frac{|A|^2}{|D|}.$$

**Theorem 18** (Inhomogeneous sum-product theorem). Let R be a ring,  $A \subseteq R$ . If

$$|(A - A) \setminus R^*| < \min\left(\frac{|A|^2}{|A + AA|}, \frac{|A|^8}{2|A + A||2AA - 2AA|^3|3AA - 3AA|^3}\right),$$

then there is a subring  $S \subseteq R$  such that  $A \subseteq S$  and

$$|S| < \frac{2|A - A|^2 |2AA - 2AA| |3AA - 3AA|}{|A|^3}$$

*Proof.* We take  $S = S_1$ , then  $A \subseteq S_1$  by the assumption  $|AA + A| < \frac{|A|^2}{|D|}$ . Previous propositions show that  $S_1$  is a ring and give the required bound on the size of  $S_1$ .

**Theorem 19** (Homogeneous sum-product theorem with invertible element). If R has a 1,  $A \subseteq R$  has an invertible element a, and

$$|(A - A) \setminus R^*| \le \frac{|A|^8}{2|A + A||2AA - 2AA|^3|3AA - 3AA|^3},$$

then there is a subring  $S \subseteq R$  such that

$$A \subseteq aS = Sa$$

and

$$|S| < \frac{2|A - A|^2 |2AA - 2AA| |3AA - 3AA|}{|A|^3}$$

*Proof.* We take  $S = S_1$ . As before, we have  $S_1$  a ring with the required size bound. We have

$$|a^{-1}AA + A| = |AA + aA| \le |AA + AA| < \frac{|A|^2}{|D|}$$

by our assumption, so  $a^{-1}A \subseteq S$ , that is,  $A \subseteq aS$ . Since SS = S, we have

$$|aSa^{-1}A + A| \le |aSa^{-1}aS + aS| = |aS| \le |S| < \frac{2|2AA - 2AA|^3|3AA - 3AA|}{|A|^3} < \frac{|A|^2}{|D|},$$

so  $aSa^{-1} \subseteq S$ . Since S is finite, this implies that aS = Sa.

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